



## European powerlifting Championchips

4 - 8 may 2010 Köping Sweden



Women							Squat			SQ		Benchpress			BP		Deadlift			DL		Wilks	Team
Pl	First name	Last name	Nat	BW	Coeff	Lot.	1	2	3	Place	1	2	3	Place	1	2	3	Place	Total	points	points		
—48,0 kg																							
1.	Raija	Jurkko	FIN	47,60	1,3326	5	<del>470,0</del>	170,0	177,5	1	85,0	87,5	90,0	3	<del>455,0</del>	155,0	160,0	2	427,5	569,687	12		
2.	Anastasiya	Derevyanko	UKR	47,75	1,3285	10	150,0	157,5	<del>462,5</del>	3	<del>87,5</del>	90,0	<del>95,0</del>	4	165,0	<del>472,5</del>	<del>477,5</del>	1	412,5	548,006	9		
3.	Sanna	Apuli	FIN	47,75	1,3285	6	150,0	157,5	162,5	2	72,5	77,5	80,0	4	150,0	157,5	<del>460,0</del>	3	400,0	531,400	8		
4.	Benedicte	Le Panse	FRA	47,65	1,3305	8	<del>447,5</del>	147,5	<del>457,5</del>	5	87,5	92,5	<del>95,0</del>	2	142,5	150,0	<del>460,0</del>	5	390,0	518,895	7		
5.	Iryna	Baburova	UKR	48,00	1,3244	7	145,0	152,5	<del>460,0</del>	4	75,0	80,0	<del>85,0</del>	6	145,0	155,0	<del>462,5</del>	4	387,5	513,205	6		
6.	Ilka	Schwengl	AUT	47,15	1,3408	4	125,0	135,0	<del>442,5</del>	7	100,0	<del>402,5</del>	<b>102,5</b> ERM	1	130,0	137,5	142,5	7	380,0	509,504	5		
—52,0 kg																							
7.	Miia	Liimatainen	SWE	46,45	1,3553	9	142,5	<del>452,5</del>	<del>452,5</del>	6	<del>62,5</del>	62,5	<del>70,0</del>	7	137,5	145,0	<del>455,0</del>	6	350,0	474,355	4		
—56,0 kg																							
1.	Oksana	Chumak	UKR	51,80	1,2504	14	165,0	<del>470,0</del>	170,0	2	90,0	97,5	102,5	1	165,0	<del>470,0</del>	<del>470,0</del>	1	437,5	547,050	12		
2.	Kadriya	Murtazina	RUS	50,55	1,2730	17	150,0	157,5	165,0	3	87,5	92,5	95,0	2	152,5	160,0	162,5	2	422,5	537,843	9		
3.	Leena	Jokitalo	FIN	51,40	1,2578	19	160,0	170,0	175,0	1	72,5	77,5	<del>80,0</del>	7	162,5	<del>467,5</del>	<del>472,5</del>	3	415,0	521,987	8		
4.	Mervi	Sirkiä	FIN	51,65	1,2522	16	157,5	162,5	<del>467,5</del>	4	<del>90,0</del>	90,0	92,5	4	155,0	<del>460,0</del>	<del>462,5</del>	4	410,0	513,402	7		
5.	Vanessa	Martin	FRA	51,10	1,2635	20	147,5	155,0	160,0	5	87,5	92,5	<del>95,0</del>	3	135,0	<del>440,0</del>	<del>440,0</del>	6	387,5	489,606	6		
6.	Sophie	Guihomat	FRA	51,40	1,2578	15	<del>442,5</del>	142,5	<del>452,5</del>	6	72,5	80,0	82,5	6	145,0	152,5	<del>457,5</del>	5	377,5	474,820	5		
7.	Monika	Gavornikova	SVK	51,70	1,2522	18	140,0	<del>450,0</del>	<del>450,0</del>	7	85,0	90,0	92,5	5	<del>435,0</del>	135,0	<del>440,0</del>	7	367,5	460,184	4		
—60,0 kg																							
1.	Anna	Komlaeva	RUS	54,20	1,2071	8	185,0	195,0	<del>200,0</del>	1	97,5	105,0	107,5	1	165,0	172,5	175,0	1	477,5	576,390	12		
2.	Mervi	Rantamäki	FIN	55,60	1,1832	9	<del>480,0</del>	180,0	185,0	3	100,0	105,0	<del>440,0</del>	2	170,0	<del>477,5</del>	<del>477,5</del>	2	460,0	544,272	9		
3.	Vita	Abdulina	UKR	55,65	1,1816	5	185,0	192,5	<del>497,5</del>	2	97,5	100,0	<del>402,5</del>	3	160,0	<del>472,5</del>	<del>472,5</del>	4	452,5	534,674	8		
4.	Maria	Lindberg	FIN	55,25	1,1883	6	160,0	<del>470,0</del>	<del>470,0</del>	4	90,0	<del>97,5</del>	<del>97,5</del>	4	162,5	<del>470,0</del>	<del>470,0</del>	3	412,5	490,174	7		
—67,5 kg																							
1.	Tetyana	Akhmamyetyeva	UKR	59,85	1,1163	13	210,0	<del>220,0</del>	<del>220,0</del>	1	<del>420,0</del>	120,0	<del>422,5</del>	1	180,0	192,5	<del>497,5</del>	1	522,5	583,267	12		
2.	Kira	Pavlovskaya	RUS	59,90	1,1163	17	190,0	<del>497,5</del>	197,5	2	110,0	115,0	<del>420,0</del>	2	190,0	<del>200,0</del>	<del>242,5</del>	2	502,5	560,941	9		
3.	Josephine	Werngren	SWE	59,70	1,1192	15	155,0	<del>465,0</del>	167,5	3	97,5	105,0	<del>440,0</del>	3	150,0	160,0	165,0	3	437,5	489,650	8		
4.	Odile	Collard	FRA	59,80	1,1178	18	155,0	<del>462,5</del>	162,5	4	82,5	87,5	90,0	4	155,0	165,0	<del>470,0</del>	4	417,5	466,682	7		
5.	Louise	Watton	GBR	59,90	0,8542	14	147,5	152,5	157,5	5	85,0	90,0	<del>92,5</del>	5	157,5	165,0	<del>470,0</del>	5	412,5	352,358	6		
—	Riitta	Liimatainen	SWE	58,80	0,8689	16	177,5	187,5	192,5	—	<del>400,0</del>	—	—	—	—	—	—	—	192,5	Disq.	—		
—67,5 kg																							
1.	Antonietta	Orsini	ITA	66,70	1,0294	8	215,0	<del>222,5</del>	<del>222,5</del>	1	<del>440,0</del>	140,0	145,0	1	200,0	210,0	<del>245,0</del>	1	570,0	586,758	12		
2.	Johanna	Kankus	FIN	65,70	1,0408	15	175,0	182,5	<del>487,5</del>	4	117,5	122,5	127,5	2	165,0	170,0	<del>475,0</del>	9	480,0	499,584	9		

3.	Magdalena	Jablonska	POL	67,50	1,0206	14	195,0	205,0	<del>212,5</del>	2	85,0	92,5	95,0	8	162,5	172,5	<del>177,5</del>	7	472,5	482,234	8
4.	Elisabeth	Wahlander	SWE	67,20	1,0239	16	175,0	185,0	<del>192,5</del>	3	85,0	<del>90,0</del>	90,0	10	180,0	<b>192,5</b>	<del>197,5</del>	4	<b>467,5</b>	478,673	7
																<b>WRM2</b>			<b>WRM2</b>		
5.	Mariya	Yermolenko	UKR	65,75	1,0397	10	172,5	182,5	<del>190,0</del>	5	90,0	95,0	97,5	6	182,5	<del>192,5</del>	<del>192,5</del>	5	462,5	480,861	6
6.	Nicole	Steger	GER	66,55	1,0306	12	152,5	162,5	<del>170,0</del>	9	92,5	100,0	<del>105,0</del>	4	182,5	192,5	195,0	2	457,5	471,500	5
7.	Linda	Samuelsson	SWE	67,35	1,0217	9	160,0	172,5	<del>180,0</del>	7	100,0	105,0	<del>107,5</del>	3	150,0	157,5	<del>165,0</del>	11	435,0	444,440	4
8.	Elke	Schreiber	GER	64,60	1,0539	6	177,5	<del>190,0</del>	<del>192,5</del>	6	85,0	<del>92,5</del>	<del>92,5</del>	11	160,0	170,0	<del>177,5</del>	8	432,5	455,812	3
9.	Maria	Gudsteinsdottir	ISL	67,15	1,0239	13	160,0	165,0	<del>170,0</del>	8	97,5	<del>102,5</del>	<del>105,0</del>	7	165,0	<del>172,5</del>	<del>172,5</del>	10	427,5	437,717	2
10.	Kathrine	Bak	DEN	65,15	1,0467	5	130,0	137,5	<del>142,5</del>	10	80,0	85,0	<del>90,0</del>	12	162,5	182,5	192,5	3	415,0	434,381	1
11.	Veronica	Opdal	NOR	64,75	1,0515	7	<del>177,5</del>	<del>177,5</del>	<del>177,5</del>	—	95,0	97,5	<del>100,0</del>	5	160,0	167,5	175,0	6	272,5	286,534	1
12.	Jana	Hrabalova	CZE	67,20	1,0239	11	<del>155,0</del>	<del>160,0</del>	<del>160,0</del>	—	<del>92,5</del>	92,5	<del>102,5</del>	9	155,0	<del>165,0</del>	—	12	247,5	253,415	1
	—75,0 kg																				
1.	Ielyzaveta	Byruk	UKR	72,40	0,9725	22	<del>220,0</del>	220,0	235,0	1	145,0	155,0	<del>160,0</del>	1	217,5	225,0	<del>230,0</del>	1	615,0	598,088	12
2.	Inger	Blikra	NOR	74,25	0,9563	23	212,5	225,0	<del>232,5</del>	2	140,0	<del>145,0</del>	145,0	3	205,0	215,0	—	2	585,0	559,436	9
3.	Ankie	Timmers	NED	74,70	0,9530	21	160,0	170,0	175,0	4	115,0	120,0	122,5	4	185,0	202,5	210,0	3	507,5	483,648	8
4.	Lucia	Christensen	SWE	74,05	0,9579	26	190,0	200,0	<del>205,0</del>	3	112,5	<del>117,5</del>	<del>117,5</del>	5	<del>185,0</del>	<del>185,0</del>	192,5	4	505,0	483,740	7
—	Olga	Pantina	RUS	74,75	0,9522	24	<del>215,0</del>	<del>220,0</del>	<del>225,0</del>	—	135,0	142,5	147,5	2	180,0	187,5	<del>195,0</del>	5	335,0	Disq.	—
—	Lise	Ejlertsen	DEN	73,80	0,9604	27	<del>185,0</del>	<del>195,0</del>	<del>200,0</del>	—	70,0	—	—	6	160,0	175,0	<del>187,5</del>	6	245,0	Disq.	—
	—82,5 kg																				
1.	Olena	Kozlova	UKR	77,90	0,9290	8	235,0	250,0	<del>260,5</del>	1	120,0	130,0	137,5	2	230,0	<del>245,0</del>	<del>245,0</del>	1	617,5	573,658	12
2.	Riikka	Ylitalo	FIN	80,75	0,9100	7	210,0	225,0	<del>230,0</del>	3	145,0	<del>155,0</del>	<del>160,0</del>	1	205,0	<del>220,0</del>	220,0	2	590,0	536,900	9
3.	Nadezda	Sindikas	RUS	77,30	0,9333	6	215,0	225,0	232,5	2	120,0	130,0	135,0	3	190,0	207,5	<del>210,0</del>	5	575,0	536,648	8
4.	Annette	Pedersen	DEN	75,15	0,9491	4	200,0	210,0	<del>217,5</del>	5	<del>130,0</del>	130,0	<del>135,0</del>	5	200,0	217,5	<del>220,0</del>	3	557,5	529,123	7
5.	Heidi	Arnesen Hille	NOR	76,00	0,9429	5	205,0	215,0	<del>220,0</del>	4	127,5	<del>132,5</del>	132,5	4	192,5	200,0	207,5	4	555,0	523,310	6
6.	Charlotte	Shotton-Gale	GBR	82,00	0,9028	9	175,0	<del>185,0</del>	<del>185,0</del>	6	115,0	<del>120,0</del>	<del>120,0</del>	6	160,0	<del>165,0</del>	<del>165,0</del>	6	450,0	406,260	5
	—90,0 kg																				
1.	Ielja	Strik	NED	88,55	0,8698	15	245,0	262,5	<del>272,5</del>	1	160,0	175,0	<b>183,0</b>	1	215,0	<del>225,0</del>	<del>225,0</del>	1	660,5	574,503	12
													<b>WR</b>								
2.	Agnes	Szabo	HUN	89,70	0,8653	12	155,0	175,0	<del>185,0</del>	2	130,0	145,0	<del>157,5</del>	2	140,0	<del>150,0</del>	<del>150,0</del>	3	460,0	398,038	9
3.	Monika	Kromek	HUN	87,90	0,8729	13	140,0	155,0	<del>175,0</del>	3	80,0	95,0	<del>102,5</del>	3	145,0	160,0	165,0	2	415,0	362,254	8
	90,0+ kg																				
1.	Olga	Gemaletdinova	RUS	120,95	0,7985	20	260,0	280,0	290,0	1	150,0	157,5	<del>162,5</del>	3	235,0	<b>255,0</b>	<del>260,0</del>	1	702,5	560,946	12
																<b>ER</b>					
2.	Inna	Orobets	UKR	106,55	0,8188	19	245,0	255,0	260,0	2	165,0	170,0	177,5	2	200,0	210,0	215,0	2	652,5	534,267	9
3.	Katariina	Nokua	FIN	97,10	0,8402	21	215,0	<del>230,0</del>	235,0	3	140,0	145,0	150,0	4	175,0	182,5	187,5	3	572,5	481,015	8
4.	Sandra	Lönn	SWE	103,45	0,8247	18	<del>190,0</del>	200,0	<del>210,0</del>	4	175,0	190,0	<del>202,0</del>	1	150,0	165,0	<del>172,5</del>	4	555,0	457,709	7

55 Women's lifters has been participated at the championships

### Best lifters

PL.	Lifter's name	Nat	B.Weight	WF	Total	W. points
1.	Ielyzaveta Byruk	UKR	72,40	0,9725	615,0	616,917
2.	Antonietta Orsini	ITA	66,70	1,0294	570,0	586,758
3.	Tetyana Akhmamyetyeva	UKR	59,85	1,1163	522,5	583,267

